

Field Good Farms

Ferme j'me champ bien

fieldgoodfarms.ca



Field Good Farms has been producing quality food for the North Bay, West Nipissing and Sudbury region since 2011. The farm operates using organic methods on 4.5 acres west of Cache Bay and sells a variety of produce through a CSA program and through wholesale markets. Field Good Farms is operated by Isabelle Spence-Legault and Ryan Spence on the family farm where Isabelle grew up.